



Birthday Party Package

Duncan Dynamics Gymnastics Club
2687 James Street, Duncan, BC V9L 2X5
Phone: (250) 746-0193 Email: info@ddgc.ca

Thank you for booking a birthday party with DDGC!

1st Hour

Kids are in the gym for structured activities and gymnastic games!

Next ½ Hour

Everyone is in the party room for snacks!

Last ½ Hour

Parents clean up while kids are back in the gym for more gymnastic fun and games!

What To Wear

- Comfortable clothing like a fitted t-shirt tucked into shorts (or comfortable pants) or a leotard.
- Long hair should be tied back with a simple ponytail.
- No bobby pins or other hair accessories and no jewellery except simple studded earrings.
- Please do not bring glitter into the gym.
- *If someone has dressed up for the party, bring a change of clothes so they can still participate.*

What We Provide

- Invitations available for pick up at the office.
- Party room with tables and chairs, and access to a fridge, freezer, microwave, and counter space.
- Gymnastics foundations certified coaches and gymnastic instruction in the gym.
- Gymnastics specific equipment and lots of open space for running, warmup, activities and play.
- A water cooler is available, please bring refillable bottles or paper cups so everyone can stay hydrated.

What You Provide

- All required documents submitted at least 1 week before your booking date:
 - All three pages signed with a completed guest list.
 - A signed [waiver from each person entering the gym \(parents and kids\)](#).
- Payment for your booking.
- Refreshments, snacks, and tableware (cups, plates and cutlery).

Safety Rules

- Please stay in the lobby area until the coach lets everyone into the gym.
- Do not use equipment or enter the gym without a DDGC coach present.
- Children under 4 years old must be accompanied by an adult in the gym.
- Parents of kids who are older than 4 years are asked to watch from the party room or viewing area to reduce possible distractions.
- Adults are not permitted to play on equipment, no exceptions.
- No alcohol is permitted on the premises.
- If a coach yells "FREEZE!" stop all movements!
- Watch where you are going when in the gym and walk from area to area.
- Trampoline apparatus are off limits during birthday party events.

Terms and Conditions

- If a guest list is not submitted 1 week before the booking date, DDGC reserves the right to cancel your booking without refund.
- Only the children who are on the guest list are permitted into the gym, including siblings.
- Bookings must be paid for in full before the scheduled party date.
- A Gymnastics BC waiver and acknowledgment form is required from all attendees of the party.

Signature

Date



Birthday Party Package

Forms and Waivers

This information is required for Gymnastics BC insurance coverage of a one-time-visit and must be completed, signed and submitted to DDGC at least 1 week in advance of the booked party date.

<i>Account Member Name:</i>		<i>Phone:</i>	
<i>Party Date:</i>		<i>Party Time:</i>	
First & Last Name		Age	Phone Number
1	<i>Birthday Child (participant):</i>		
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			

If all kids listed above are 6 years or older, you can add up to two more guests that are 6 years and up!

15			
16			

Signature

Duncan Dynamics Gymnastics Club
2687 James Street, Duncan, BC V9L 2X5
Phone: (250) 746-0193 | Email: info@ddgc.ca



Birthday Party Package

Forms and Waivers

Every person who enters the gym is required to have a completed Gymnastics BC Waiver submitted before they can enter the gym for the party. The birthday party coordinator is required to check for proof that this has been done by everyone who enters the gym.

You are encouraged to send this to your guests or direct them to the birthday parties website where the guest list, rules and Gym BC waiver is also provided.

If you or your guests are missing this critical element of the birthday party booking, a paper copy is available upon arrival but please keep in mind that it will eat into your party time.



I have communicated the safety rules and requirements to my guests and we agree to listen to the DDGC coaches at all times.

I understand that all guests entering the gym are required to submit a gymnastics BC waiver form and that if any are missing they will be required to fill out a paper copy before we can enter the gym.

We will respect the rules, the premises and will clean up before the end of our party.

Signature

Duncan Dynamics Gymnastics Club
2687 James Street, Duncan, BC V9L 2X5
Phone: (250) 746-0193 | Email: info@ddgc.ca